



ENERGY — VITALITY — BALANCE

Aftercare

How to care for permanent make-up:

1. Each individual may heal differently, and healing time may vary. Remember that permanent make up is made to enhance your features and not to replace make-up. In each procedure the appearance of your pigment will be much darker than the final results. We suggest waiting at least 30-60 days for full healing before getting any touchups.
2. Keep area clean. Blot or gently rinse off oozing.
3. Do NOT scrub or use anything abrasive when cleaning the tattoo. Gently blot the area but do not rub
4. GENTLY clean area using water. Make sure hands are clean before coming into contact with the tattooed area. Remember this is an open wound and you must treat it accordingly. A foaming soap may be used periodically but do not over-wash the area, once a day with gentle soap is enough.
5. Apply a THIN layer of healing ointment twice a day for the first week. Oxygen must still get to the area in order for proper healing.
6. Don't expose the area directly to full pressure of the shower.
7. Within 3-7 days a scab may form in the area, DO NOT pick at it Picking can lead to loss of pigment or worse, scarring.
8. You must allow the healing to take its natural course. It is normal for the pigment to lighten drastically as the scabbing peels off, this is because new skin is cloudy and pink but as the healing continues the pigment will darken slightly.
9. It is okay to use a cold pack to cool the area after the procedure. 10 minutes every couple of hours.
10. Avoid compressing your face into the pillow when sleeping.

11. Avoid cosmetic products during healing, also avoid swimming or submerging the area. Avoid environments that contain high amounts of dust or dirt After 2 weeks you can resume these activities.
12. If you have no allergies to Ibuprofen you may take the recommended dosage to reduce swelling and discomfort. If you suspect a problem is developing, the first thing to do is switch the type of ointment you are using. The ointment is often causing the problem. An occasional slight healing itch is normal.

NOTIFY YOUR TECHNICIAN OR PHYSICIAN AT THE FIRST SIGN OF ALLERGIC REACTION OR INFECTION.

Constant intense itching, abnormal thick yellow discharge, yellow crust, hot burning, pain, lumps, bumps and blisters are not normal.

EYEBROWS

Day 1-2: Color will be darker and thicker during these days. Apply a thin layer of ointment twice a day.

Day 3: A scabbing layer may form which causes the area to feel tight, do not overextend your expressions as this could result in cracking open the area as it is healing. Baby the area instead and try to limit your facial expressions DO NOT pick at the scabbing layer.

Day 4-5: Peeling may begin, do not pick at these areas and instead allow them to flake off naturally. Pigment will appear to be very light after the flaking.

Day 6-14: Eyebrow has peeled appears soft. Color will change slightly until the final result towards the end of the healing period.

EYELINER

Day 1-2: Liner will appear thicker, darker and swollen (ice may be used to help with swelling)

Day 3-4: Pigment begins to lift away with a tight feeling. Some itching is normal. Do not pick at the area Day 5-14: Color will first seem dull and greyish but will return to a rich shade over the following days.